

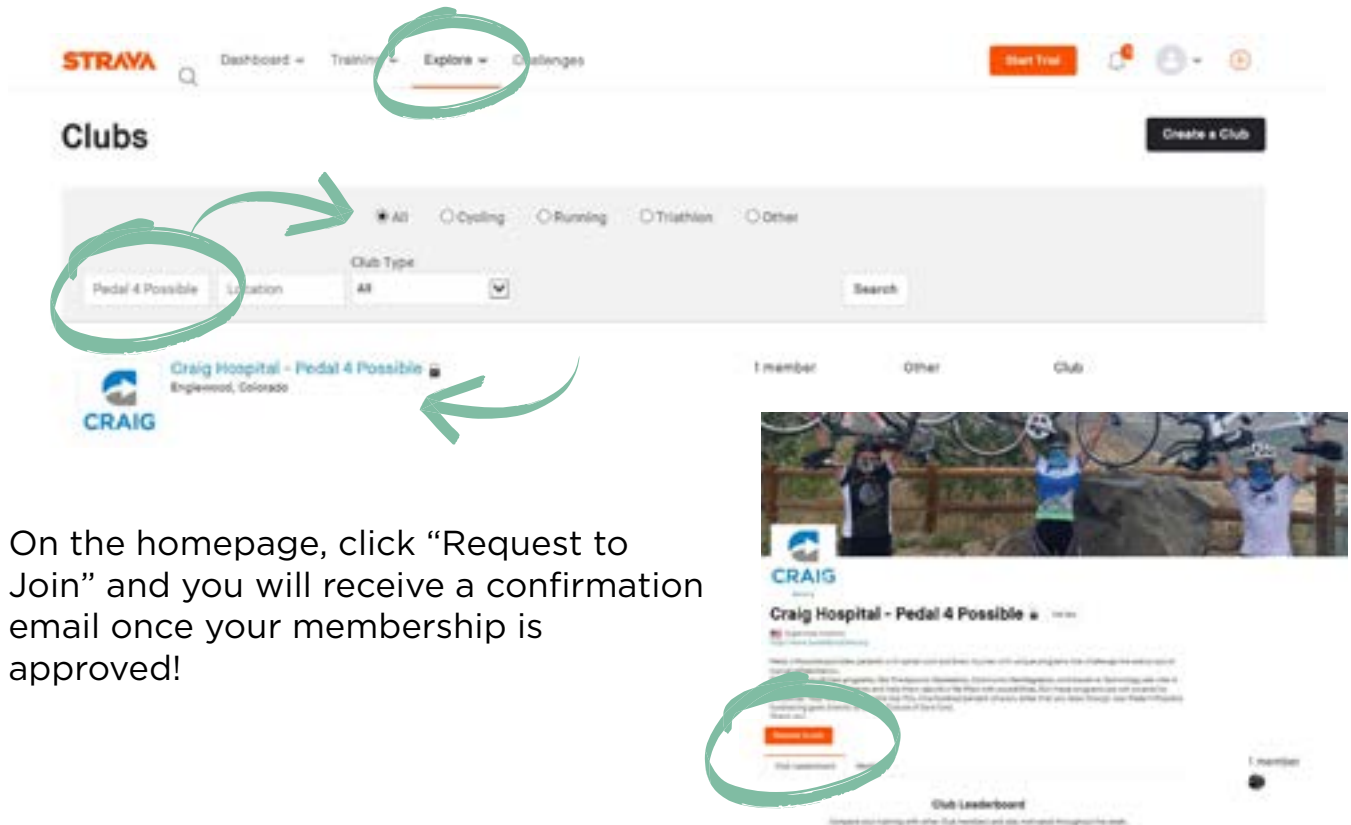
HOW TO JOIN OUR STRAVA CLUB!

STEP 1: Login or Create a Free **STRAVA** Account

Track your activity via the [Strava app](#) or [Strava website](#) to win prizes and join the P4P online community!

STEP 2: Join the Club

FROM DESKTOP: On [Strava.com](#), hover over “Explore” at the top of the page and select “Clubs” from the drop-down menu. Type “Pedal 4 Possible” in the search bar and select “All” in the activity options. Click on our club and you will be directed to the club homepage.



On the homepage, click “Request to Join” and you will receive a confirmation email once your membership is approved!



Do you already use another app to track your fitness? You can manually enter activities via the Strava desktop site so you can still be eligible for prizes! Select the orange plus button on the top right of the homepage and choose “Add Manual Entry.” Please note this function is not available on the Strava App.

HOW TO JOIN OUR STRAVA CLUB!



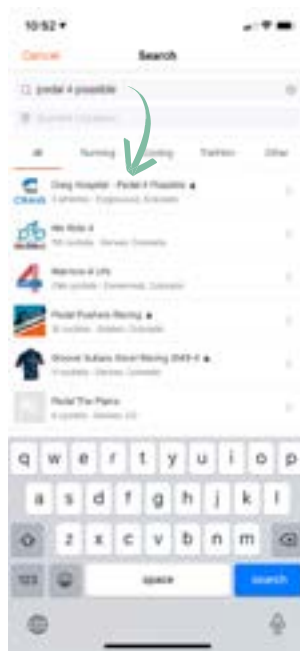
STEP 2: Join the Club (CONTINUED)

FROM SMARTPHONE: After [downloading the Strava app](#), select “Explore” at the bottom of the screen and then select “Clubs” from the top menu. Type “Pedal 4 Possible” in the search bar and select “All” in the activity options. Click on our club and you will be directed to the club homepage. On the homepage, click “Request to Join” and you will receive a confirmation email once your membership is approved!

STEP 1



STEP 2



STEP 3



STEP 3: Get Active!

We recommend [downloading the Strava app](#) on your smartphone for easy access to tracking your activities!

STILL HAVE QUESTIONS?
CONTACT US!



Strava Questions
Robyn DePan
rdepan@craighospital.org
303-789-8597

Event Questions
Caroline Craven
ccraven@craighospital.org
303-789-8578

You can also visit Pedal4Possible.org for more information.