



Meet your musician

The Zen Drummer, Damon Grossman weaves the African djembe under a resonant voice chanting mantras both ancient and original. He will facilitate a transcendent experience with his resonant voice and powerful rhythms, skillfully layering these elements with a smattering of nature sounds using a live-looping device. This effectively creates Zen Drummer's rhythmically reverberating relaxing melodic mantric sound bath. Relax and let the combination of these elements calm your nervous system. You will be guided on a journey beyond the mind.

In addition to performing with a wide array of Yoga teachers including Sianna Sherman, Saul David Raye, Shiva Rae and Michelle Klabon (Bella Yoga Inc.), the Zen Drummer conducts a Zen Drummer yoga class called Rhythmic Relaxation and hosts concert events with a 75 minute musical meditation. His music is informed by a meditative and relentlessly rhythmic sensibility.

Damon's musical sensibilities were refined by his immersion experiences of living in Self-Realization Fellowship ashrams in Escondido and Encinitas from 2013 to 2016 and studying djembe at the Dagbe Institute in Ghana, Africa for extended periods in 2003 and 2007.

Testimonials:

"Amazing!" "An experience!" "Reverberations!" "A journey with the drum and his amazing voice"
"Carried by Zen Drummer's presence"

Damon's debut CD release *Om Gaia* is a largely instrumental offering with an array of instruments produced by Jim Beckwith and can be downloaded through [Bandcamp](#) and streamed through iTunes, Spotify and Google play.