



**LIVING WITH PARKINSON'S**

# Veterans and Parkinson's

## Managing Anxiety, Depression & Apathy

**Thursday, August 31, 2023  
4:00 pm – 5:30 pm ET**

**Katz JCC (FAC)**

**1301 Springdale Rd.  
Cherry Hill, NJ 08003**

Attendance is free.

Refreshments will be provided.

For more information and to register for this viewing party, please contact Megan Matis at [mmatis@jfedsnj.org](mailto:mmatis@jfedsnj.org) or 856-424-4444 x 1151.

For veteran's living with Parkinson's disease, non-motor challenges are not always easy to discuss. With a focus on mood changes, including anxiety, depression, and apathy, this program will provide strategies for coping and talking about it with healthcare providers or loved ones.

### Speaker:

Megan Gomez, PhD  
Clinical Psychologist  
Tibor Rubin Medical Center  
Long Beach, CA

