



LIVING WITH PARKINSON'S

Veterans and Parkinson's

Managing Anxiety, Depression & Apathy

Thursday, August 31, 2023
4:00 pm – 5:30 pm

The Cicero American Legion
5575 Legionnaire Dr, Cicero, NY 13039

Registration Required

For more information and to
register visit -

www.empowerparkinson.org

Calendar / Special Events

Attendance is free. Refreshments will be provided.

For veteran's living with Parkinson's disease, non-motor challenges are not always easy to discuss. With a focus on mood changes, including anxiety, depression, and apathy, this program will provide strategies for coping and talking about it with healthcare providers or loved ones.

Speaker:

Megan Gomez, PhD
Clinical Psychologist
Tibor Rubin Medical Center
Long Beach, CA

