

Subject: Still Time to Walk in a "Stepping Out to Cure Scleroderma" Event Near You!

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# SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #569 | August 29, 2014

## Still Time to Walk and Support the Scleroderma Foundation This Year



Indiana, Texas and Florida.

There are still "Stepping Out to Cure Scleroderma" walks happening in towns across the U.S. this fall. Events are still scheduled in the coming weeks in Illinois, Pennsylvania, Missouri, Massachusetts, South Carolina, Colorado,

Grab your family and friends, put a team together and support someone living with scleroderma by walking or fundraising to support these special events.

Visit [www.scleroderma.org/walks](http://www.scleroderma.org/walks) to find an event near you and register online!

## New Patient Support Program Launched for People with PAH

"More to My Story" is a new education and support program designed for PAH patients. Part of the Scleroderma

*more to my story™*

Foundation's mission is to share information about treatments that are of interest to the scleroderma community. In doing so, the Scleroderma Foundation does not endorse or recommend any treatment or therapy, but provides this information for educational purposes only. We urge people to discuss all treatment options with their physician. Please see the Scleroderma Foundation's full disclaimer below.

To learn more about "More to My Story," please visit [www.letairismoretomystory.com/registration](http://www.letairismoretomystory.com/registration)

## Surgeon General Issues Call to Action to Prevent

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## Skin Cancer



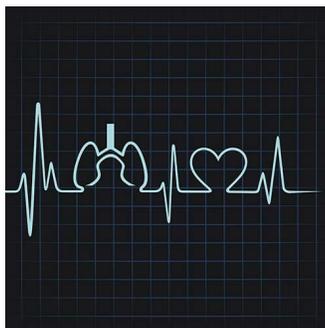
Skin cancer, the most commonly diagnosed cancer in the United States, is a major public health problem that demands greater awareness, according to a new call to action released by the U.S. Surgeon General.

“While many other cancers, such as lung cancer, are decreasing, rates of melanoma -- the deadliest form of skin cancer -- are increasing,” said Assistant Secretary for Health Howard K. Koh, M.D., M.P.H. “As a skin oncologist who worked in this field for many years, I have cared for both the young and old with skin cancers. Almost all of these cancers were caused by unnecessary ultraviolet radiation exposure, usually from excessive time in the sun or from the use of indoor tanning devices.”

[Read the entire release at HHS.gov >>](#)

## ATS Patient Information Series: Pulmonary Function Tests

Pulmonary function tests are breathing tests to find out how well you move air in and out of your lungs and how well oxygen enters your body. Lung function tests can be used to compare your lung function with known standards that show how well your lungs are working, measure the effect of chronic diseases, like asthma, chronic obstructive lung disease and pulmonary fibrosis on lung function, or identify early changes in lung function that might show a need for a change in treatment. Learn more about pulmonary function tests with this educational brochure from the American Thoracic Society.



[Download the brochure from the ATS website >>](#)

**Disclaimer:** The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.



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